

Gritttfit.com



Gritttfit

LUCY AND ALY

GRITTTFIT

PERSONAL TRAINERS

about

Gritttfit was created by Lucy Bergin and Aly Wiedrich. We are two best friends who met through strength training in college. Our goal has been to create a safe place in the fitness community to show girls how real women are. We have both been through our own personal fitness journeys and have shown what we are capable of for our clients.

featured on

- The Today Show
- Insider
- The Sun
- Newsweek
- The Daily Star
- 7News
- Sydney News Today
- Flipboard
- The London Times
- Yahoo News
- 22 Words

the numbers



Gritttfit:
7,469



Lucybergin:
11k



Gritttfit:
114k



Lucynaly:
464k



Lucy & Aly:
1.97k

Analytics

Gritttfit TikTok Account Overview

- Past 60 Days:

Video Views: 25.9M
Profile Views: 939.5K
Likes: 3.8M
Comments: 21.0K
Shares: 88.3K

Gritttfit Instagram Account Overview - Past 30 Days:

Impressions: 837,709
Profile Visits: 92,499
Accounts Reached: 86.K
Content Interactions: 16.7K
Followers Gained: 5,147

Lucynaly Tiktok Account Overview - Past 60 Days:

Video Views: 989K
Profile Views: 55.6K
Likes: 94.2K
Comments: 801
Shares: 787

GRITTTFIT

PERSONAL TRAINERS

What We Offer:

Sponsored Instagram Post: Starting at \$60

Instagram post about your product or company. If product is required it would need to be sent to us.

Sponsored Instagram Story: Starting at \$30

Instagram story about your product or company. If product is required it would need to be sent to us.

Sponsored Tiktok: Starting at \$100

Tiktok about your product or company. If product is required it would need to be sent to us.

Tiktok Product Review: Starting at \$100

TikTok about your product or company. If product is required it would need to be sent to us.

We are willing to hear different collaboration ideas and offers.

**Contact Us To Collaborate:
Contact@gritttfit.com**